

Site Name: Kiddie Kollege CACFP INFANT MENU—6 DAYS									
B r e a k f a s t	Age	Portion Size/Component	Mon	Tue	Wed	Thu	Fri	Sat	
	Birth – 3 Months	4-6 fl. oz. formula ¹ or breastmilk ^{2,3}	IFF	IFF	IFF	IFF	IFF	IFF	IFF
	4 – 7 Months	4-8 fl. oz. formula ¹ or breastmilk ^{2,3}	IFF	IFF	IFF	IFF	IFF	IFF	IFF
		0-3 Tbsp. infant cereal ^{1,4}	RICE	RICE	RICE	RICE	RICE	RICE	RICE
8 – 11 Months Stage 2	6-8 fl. oz. formula ¹ or breastmilk ^{2,3}	IFF	IFF	IFF	IFF	IFF	IFF	IFF	
	2-4 Tbsp. infant cereal ¹	RICE	RICE	RICE	RICE	RICE	RICE	RICE	
	1-4 Tbsp. fruit or vegetable or both	APPLESAUCE	BANANAS	PEARS	PEACHES	APPLESAUCE	BANANAS		
L u n c h o r	Birth – 3 Months	4-6 fl. oz. formula ¹ or breastmilk ^{2,3}	IFF	IFF	IFF	IFF	IFF	IFF	
	4 - 7 Months Stage 1	4-8 fl. oz. formula ¹ or breastmilk ^{2,3}	IFF	IFF	IFF	IFF	IFF	IFF	
		0-3 Tbsp. infant cereal ^{1,4}	RICE	RICE	RICE	RICE	RICE	RICE	
		0-3 Tbsp. fruit or vegetable or both ⁴	PEACHES & SWEET POTATOES	APPLESAUCE & GREEN BEANS	BANANAS & CARROTS	APPLESAUCE & GREEN BEANS	BANANAS & SWEET POTATOES	APPLESAUCE & CARROTS	
S u p p e r	8 – 11 Months STAGE 2	6-8 fl. oz. formula ¹ or breastmilk ^{2,3}	IFF	IFF	IFF	IFF	IFF	IFF	
	2-4 Tbsp. infant cereal ¹ ; and/or 1-4 Tbsp. meat, fish, poultry, egg yolk, cooked dry beans or peas; or 1/2-2 oz. cheese, or 1-4 oz. (volume) cottage cheese; or 1-4 oz. (weight) cheese food or cheese spread	RICE	OATMEAL	RICE	OATMEAL	RICE	OATMEAL		
	1-4 Tbsp. fruit or vegetable or both	PEACHES & CARROTS	APPLESAUCE & PEAS	BANANAS & SWEET POTATOES	PEARS & GREEN BEANS	PEACHES & CARROTS	APPLESAUCE & SWEET POTATOES		
S n a c k	Birth – 7 Months	4-6 fl. oz. formula ¹ or breastmilk ^{2,3}	IFF	IFF	IFF	IFF	IFF	IFF	
	8 – 11 Months	2-4 fl. oz. formula ¹ or breastmilk ^{2,3} , or fruit juice ⁵	IFF	IFF	IFF	IFF	IFF	IFF	
		0-1/2 slice of bread ^{4,6} or 0-2 crackers ^{4,6}	VANILLA WAFERS	ANIMAL COOKIES	SALTINE CRACKERS	GRAHAM CRACKERS	VANILLA WAFERS	ANIMAL COOKIES	

- 1 Infant formula and dry infant cereal must be iron-fortified.
- 2 Breastmilk or formula, or portions of both, may be served; however it is recommended that breastmilk be served in place of formula from birth through 11 months
- 3 For some breastfed infants who regularly consume less than the minimum amount of breastmilk per feeding, a serving of less than the minimum amount of breastmilk may be offered, with additional breastmilk offered if the infant is still hungry.
- 4 A serving of this component is required only when the infant is developmentally ready to accept it.
- 5 Fruit juice must be full-strength.
- 6 A serving of this component must be made from whole-grain or enriched meal or flour.

Revised 8/2004

CACFP INFANT MENU (5-DAY)

Site Name								
KIDDIE								
KOLLEGE								
B r e a k f a s t	Age	Portion Size/Component	Mon	Tue	Wed	Thu	Fri	
	Birth – 3 Months	4-6 fl. oz. formula ¹ or breastmilk ^{2,3}	IFF	IFF	IFF	IFF	IFF	
	4 – 7 months	4-8 fl. oz. formula ¹ or breastmilk ^{2,3}	IFF	IFF	IFF	IFF	IFF	
		0-3 Tbsp. infant cereal ^{1,4}	RICE	RICE	RICE	RICE	RICE	
	8 – 11 Months Stage 2	6-8 fl. oz. formula ¹ or breastmilk ^{2,3}	IFF	IFF	IFF	IFF	IFF	
		2-4 Tbsp. infant cereal ¹	RICE	RICE	RICE	RICE	RICE	
		1-4 Tbsp. fruit or vegetable or both	APPLESAUCE	BANANA	PEARS	PEACHES	APPLESAUCE	
	L u n c h / S u p p e r	Birth – 3 months	4-6 fl. oz. formula ¹ or breastmilk ^{2,3}	IFF	IFF	IFF	IFF	IFF
		4 – 7 Months Stage 1	4-8 fl. oz. formula ¹ or breastmilk ^{2,3}	IFF	IFF	IFF	IFF	IFF
			0-3 Tbsp. infant cereal ^{1,4}	RICE	RICE	RICE	RICE	RICE
0-3 Tbsp. fruit or vegetable or both ⁴			PEACHES & SWEET POTATOES	APPLESAUCE & GREEN BEANS	BANANAS & CARROTS	APPLESAUCE & GREEN BEANS	BANANA & SWEET POTATOES	
8 – 11 Months Stage 2		6-8 fl. oz. formula ¹ or breastmilk ^{2,3}	IFF	IFF	IFF	IFF	IFF	
		2-4 Tbsp. infant cereal ¹ and/or 1-4 Tbsp. meat, fish, poultry, egg yolk or cooked dry beans or peas, or 1/2-2oz. cheese, or 1-4 oz. (volume) cottage cheese; or 1-4 oz. (weight) cheese food, or cheese spread	RICE	OATMEAL	RICE	OATMEAL	RICE	
		1-4 Tbsp. fruit or vegetable or both	PEACHES & CARROTS	APPLESAUCE & PEAS	BANANAS & SWEET POTATOES	PEARS & GREEN BEANS	PEACHES & CARROTS	
S n a		Birth – 7 months	4-6 fl. oz. formula ¹ or breastmilk ^{2,3}	IFF	IFF	IFF	IFF	IFF
		8 – 11	2-4 fl. oz. formula ¹ or breastmilk ^{2,3} or fruit juice ⁵	IFF	IFF	IFF	IFF	IFF

c k	months	0-1/2 slice of bread ^{4,6} or 0-2 crackers ^{4,6}	VANILLA WAFERS	ANIMAL COOKIES	SALTINE CRACKERS	GRAHAM CRACKERS	VANILLA WAFERS
<p>1 Infant formula and dry infant cereal must be iron-fortified.</p> <p>2 Formula or breastmilk, or portions of both, may be served; however it is recommended that breastmilk be served in place of formula from birth through 11 months.</p> <p>3 For some breastfed infants who regularly consume less than the minimum amount of breastmilk per feeding, a serving of less than the minimum amount of breastmilk may be offered, with additional breastmilk offered if the infant is still hungry.</p> <p>4 A serving of this component is required only when the infant is developmentally ready to accept it.</p> <p>5 Fruit juice must be full-strength.</p> <p>6 A serving of this component must be made from whole-grain or enriched meal or flour.</p>							
This institution is an equal opportunity provider.							8/2004